

Name: *Fawaz Daoud Almansour*
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Mobile no: +965-99366696

Curriculum Vitae

Ph.D.: University of Texas
Concentration: Child Obesity
Title of thesis: Boosting Lunch is In The Bag

M.Sc. University of Pittsburgh
Concentration: Sports Nutrition
Title of thesis: Perception of Sports Nutrition in Kuwaiti Youth

B.Sc. University of Pittsburgh
Concentration: Sports Nutrition

Work Experience

- Acting Chair at the Food Science and Nutrition Department (2019-now)
- Associate Professor at the Food Science and Nutrition Department (2012- now)
- Nutrition Consultant at the University of Pittsburgh Medical Center (2006-2008).

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Courses Taught

Undergraduate:

1. CLS 110: Personal fitness and first aid
2. CLS 130: Ethics
3. CLS 260: Career perspective
4. CLS 110: Introduction to human nutrition and food science
5. CLS 152: Food Safety and Regulations
6. FSN 220: Nutrition in The Life Cycle
7. FSN 313: Human nutrition
8. FSN 323: Community Nutrition
9. FSN 325: Physiological and biochemical aspects of human nutrition
10. FSN423: Nutrition Education
11. FSN 491: Seminar: Current issues in Food Sci. & Nutrition
12. FSN 495: Internship
13. FSN 499: Capstone projects

Graduate:

1. FSN 592: Special Topics in Nutrition Science: Sports Nutrition (M.S. course)

Research Publications

Published:

1. Sweitzer SJ, Briley ME, Roberts-Gray C, Hoelscher DM, Staskel DM, **Almansour FD**. Improving Parent's Lunch Packing Skill With Lunch Is In The Bag. *J Am Diet Assoc*. 2009;109:A13
2. Sweitzer SJ, Briley ME, Hoelscher DM, Harrist RB, **Almansour FD**, Roberts-Gray C. Pilot Study of Lunch Is In The Bag: Effects on Meal Pattern and Appeal of Preschooler's Sack Lunches. *J Am Diet Assoc*. 2010;9: A9.
3. Sweitzer, S. J., Briley, M. E., Roberts-Gray, C., Hoelscher, D. M., Harrist, R. B., Staskel, D. M., & **Almansour, F. D.** (2010). Lunch is in the bag: increasing fruits, vegetables, and whole grains in sack lunches of preschool-aged children. *Journal of the American Dietetic Association*, 110(7), 1058-1064.
4. **Almansour, F. D.**, Sweitzer, S. J., Magness, A. A., Calloway, E. E., McAllaster, M. R., Roberts-Gray, C. R., ... & Briley, M. E. (2011). Temperature of foods sent by parents of preschool-aged children. *Pediatrics*, 128(3), 519-523.

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5. Briley, M. E., Ranjit, N., Hoelscher, D. M., Sweitzer, S. J., **Almansour, F.**, & Roberts-Gray, C. (2012). Unbundling outcomes of a multilevel intervention to increase fruit, vegetables and whole grains parents pack for their preschool children in sack lunches. *American journal of health education*, 43(3), 135-142.
6. Sweitzer, S. J., Ranjit, N., Calloway, E. E., Hoelscher, D. M., **Almansour, F.**, Briley, M. E., & Roberts-Gray, C. R. (2016). Examining how adding a booster to a behavioral nutrition intervention prompts parents to pack more vegetables and whole gains in their preschool children's sack lunches. *Behavioral Medicine*, 42(1), 9-17.
7. **Almansour, F. D.**, Allafi, A. R., Al-Haifi, A. R. Impact of Nutritional Knowledge on Dietary Behaviors of Students in Kuwait University. *Acta Bio Medica Atenei Parmensis*. Accepted July 30, 2019
8. **Almansour, F. D.**, Allafi, A. R., Zafar, T., & Al-Haifi, A. R. (2019) Consumer prevalence, attitude and dietary behavior of online food delivery applications users in Kuwait. *Acta Bio Medica Atenei Parmensis*, 90
9. Allafi, A. R., **Almansour, F.**, Alreshoud, A., (2018). The use of anabolic hormones by Kuwaiti males. *Science & Sports*. 34(40).
10. Allafi, A. R., **Almansour, F. D.**, Saffouri, L. B. (2019). The effect of parents' nutritional knowledge and attitudes on their children's eating habits. *Progress in Nutrition*, 21(4).
11. **Almansour, F. D.**, Allafi, A. R., Aldughpassi, A., & Al-Haifi, A. R. (2020). Nutritional knowledge among coaches and personal trainers in Kuwait: a cross sectional study. *Progress in Nutrition*, 22(2).

Poster/Conference Papers

1. Natural Supplements: An evidence-based update. 2013 USA Florida. Conference.
2. The effect of parents' nutritional knowledge and attitudes on their children's eating habits. Progress in Nutrition, 2019 Denmark. Poster presentation.

Scholarships, Awards/Certificates

1997-2004	BS	Ministry of H Education scholarship recipient
2005-2011	MS/PhD	Kuwait University scholarship recipient
2007	MS	Honors student University of Pittsburgh

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Memberships of National/International Societies

1. Member of the American Dietetic Association (ADA) since 2007.
2. Member of the Kuwaiti Food Science and Nutrition Association since 2015.

Supervision of Graduate Students

<u>Student name</u>	<u>Title of Thesis</u>
1. Lama Basem Saffouri	Impact of Nutritional Knowledge on Student's Behavior in Kuwait University. (Graduated 2017)
2. Fajer Alhammad	Nutrient Deficiencies (Copper, Zinc, Selenium, Iron, Folate, B12, Thiamine) Following Bariatric Surgery in Kuwaiti Patients. (In Progress)

Projects

- 1- Assessing The Accuracy of Nutritional Information In Instagram Posted By Middle Eastern Authors in Arabic Language. (Awarded best research project 2014 at CLS)

Dept/College level committees:

1. Students affairs/Portfolio (convener)
2. Course schedule (convener)
3. Scientific affairs (member)
4. Research and graduate studies (member)
5. Appointment and contract renewal (convener)
6. Assessment and accreditation (member)
7. Scholarship (convener)
8. Voted member of college council 2017-2018
9. Member of college council 2019-2020.